



**CHARLOTTE
AMBUSH**
FIELD HOCKEY CLUB

Weddington Middle School Field Hockey Team

TEAM DETAILS:

This is a Weddington Middle School Field Hockey team managed by Charlotte Ambush Field Hockey Club. Open to students of Weddington MS.

Season Dates:

August 30 - Mid - October (End of Season Tournament)

Practice Information: Practice/Game Information:

- Practice will be Tues/Thurs after school on the Wray field
- We will have 8-9 games during the season.
- Games will typically be M/W/F.
- Please plan for 3-4 day a week commitment including practices and games.

Coaches

Head Coach: Trude Gretz

What if I have never played before?

- Not a problem! Our MS program is developmental. We are here to teach you to play!
- Try a clinic or summer camp - charlotteambush.com/
- Multi-sport athletes are encouraged.

What do I need to start playing Field Hockey?

- Field hockey stick
- Field Hockey Shin guards (we recommend the hard kind)
- Mouth guard (cannot be white or clear)
- Turf shoes or cleats are recommended. Please note that running shoes offer little support for lateral movement and minimal traction.

How to Register?

Two steps - (both steps must be done for a full registration)

1. Go to WMSABC.com to sign up with the WMS Athletic Booster Club.
2. Go to charlotteambush.com/fall/ and register for the Weddington MS team.!

For questions: Contact Info@CharlotteAmbush.com)

Cost:

- \$395 for the season.
- We believe that money should never get in the way of the desire to play (need based scholarships available)!!
- You can pay all at once or use a payment plan option.
- Contact Sarah (Coach K - info@charlotteambush.com) for information about need-based scholarships.
- This cost covers all the nuts and bolts that it takes to run a sports program - coaches, umpires, field space, EMTs, equipment..

Where can I purchase Field Hockey supplies?

You can get some of these things at new or used sporting goods stores. We recommend Aerial Field Hockey (locally owned and operated). The folks at Aerial are super nice and very knowledgeable about the game and help fit equipment to your specific needs/budget. They have competitive pricing and beginner kits. **Call/Text: 704-650-1138**
email: aerialfh@gmail.com **Website:** <http://www.aerialfieldhockey.com/>



Charlotte Ambush is a 501-c3 Non-profit organization. Go to www.CharlotteAmbush.com for more information.