



**CHARLOTTE
AMBUSH**
FIELD HOCKEY CLUB

Christ the King Community JV Field Hockey Team

TEAM DETAILS:

The Christ the King Community Field Hockey team is an interscholastic team hosted by Christ the King HS and managed by Charlotte Ambush Field Hockey Club. The team is open to players from **any** High School.

General Info:

Season Dates: August 1 - October 15 (End of Season Tournament)

Practice/Game Information:

- Practice will be Monday - Friday at CTK 6-7:30PM on the upper field
- This is a 5 day per week commitment.
- Games will typically be Tuesdays/Thursdays at Matthews Sportsplex, Harrisburg Road Sportsplex, and other area schools.
- Our home games for the 2022 season will be held at Harrisburg Road Sportsplex

Coaches:

Head Coach: Hanna Siekierski

Assistant Coaches: Tia Allocco and Melissa Nobile

What if I have never played before?

- Not a problem! Our JV program is developmental. We are here to teach you to play.
- Try a clinic or summer camp - charlotteambush.com/summer2022/
- Multi-sport athletes encouraged

What do I need to start playing Field Hockey?

- Field hockey stick (returning players, do you need a new grip?)
- Field Hockey Shin guards (we recommend the hard kind)
- Mouth guard (cannot be white or clear)
- Turf shoes or cleats are recommended. Please note that regular athletic shoes offer little support for lateral movement and minimal traction.

(if access to any of this equipment is a problem, please reach out to Terry@CharlotteAmbush.com)

Cost:

- \$325 for the season.
- We believe that money should never get in the way of the desire to play (need based scholarships available)!!
- You can pay all at once or use a payment plan option.
- Contact Sarah (Coach K - info@charlotteambush.com) for information about need-based scholarships.
- This cost covers all the nuts and bolts that it takes to run a sports program - coaches, umpires, field space, EMTs, equipment, etc.

What do I need to do now?

- Encourage your friends and classmates to join you in the fall! Beginners welcome!!
- Go to www.CharlotteAmbush.com/fall2022 and register now!
- Check the website for Summer Training opportunities.
- **REGISTRATION CLOSES July 4 Extended! Sign up NOW!**

Got Questions?? Contact Terry Loeb - Charlotte Ambush Athletic Director (Terry@CharlotteAmbush.com)

Where can I purchase Field Hockey supplies?

You can get some of these things at new or used sporting goods stores. We recommend Aerial Field Hockey (locally owned and operated). The folks at Aerial are super nice and very knowledgeable about the game and help fit equipment to your specific needs/budget. They have competitive pricing and beginner kits. **Call/Text:**

704-650-1138 email: aerialfh@gmail.com **Website:** <http://www.aerialfieldhockey.com/>

Charlotte Ambush is a 501c3 Non-profit

