



## Ballantyne Area Middle School Field Hockey

### TEAM DETAILS:

This is a club field hockey team managed by Charlotte Ambush Field Hockey Club open to all middle school ages kids in the Ballantyne Area.

**Season Dates:** Aug 30 - October 15 (End of Season Tournament)

### Practice/Game Information:

- Practice will be Tuesdays and Thursdays 5:30-7PM at Elon Park turf field.
- Games will be played at Matthews Sportsplex, Elon Park, and other area schools.
- Typically one to two games per week on Monday/Wednesday/Friday.
- Plan on a 3-4 day/week commitment.

### Coaching Staff

- Head Coach - Darren Hill

### Do I need experience to play?

- No! Middle School Field Hockey is all about learning skills and developing a love of the game!

### What do I need to start playing Field Hockey?

- Field hockey stick (returning players, do you need a new grip?)
- Field Hockey Shin guards (we recommend the hard kind)
- Mouth guard (cannot be white or clear)
- Turf shoes are recommended. Alternatively a quality pair of athletic shoes with good traction sole (note - running shoes offer very little lateral support)

(if access to any of this equipment is a problem, please reach out to [Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com))

### What do I need to do now?

- Encourage your friends and classmates to join you in the fall! Beginners welcome!!
- Go to [www.CharlotteAmbush.com/Fall2022](http://www.CharlotteAmbush.com/Fall2022) and register now!
- Check the website for Summer Training opportunities.
- **REGISTRATION CLOSING July 4 EXTENDED! SIGN UP NOW**

### Cost:

- \$395 for the season.
- We believe that money should never get in the way of the desire to play (scholarships available)!!
- You can pay all at once or use a payment plan option.
- Contact Sarah (Coach K - [info@charlotteambush.com](mailto:info@charlotteambush.com)) for information about need-based scholarships.
- This cost covers all the nuts and bolts that it takes to run a sports program - coaches, umpires, field space, EMTs, equipment, etc.

**Got Questions??** Contact Terry Loeb - Charlotte Ambush Athletic Director ([Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com))

### Where can I purchase Field Hockey supplies?

You can get some of these things at local new or used sporting goods stores, but the best source is Aerial Field Hockey. The folks who own Aerial are super nice and very knowledgeable about the game and what you will need. They have extremely competitive pricing and beginner kits.

**Call/Text: 704-650-1138 email: [aerialfh@gmail.com](mailto:aerialfh@gmail.com) Website: <http://www.aerialfieldhockey.com/>**

*Charlotte Ambush is a 501c3 Non-profit*

