



## Davidson Area Middle School Field Hockey

### PROGRAM DETAILS:

This is a Middle School level Field Hockey Program open to girls and boys. This team, managed by Charlotte Ambush Field Hockey Club in partnership with Community School of Davidson and Davidson Day school, is open to middle school kids from any area schools.

### Practice Information: Practice/Game Information:

- 9/13, 9/14 - prx (4-5:30PM)
- 9/20, 9/21 - prx (4-5:30PM)
- 9/27 - prx (4-5:30PM)
- 9/28 - GAME (5PM)
- 10/3 - prx (4-5:30PM)
- 10/6 - GAME (5PM)
- 10/11 - prx (4-5:30PM)
- 10/12 - GAME (5PM)
- 10/15 - End of Season Tournament (Matthews Sportsplex)

### Coaches:

Head Coach: Krista Ryan (kristaryan521@hotmail.com)  
Assistant Coach: Charity Mbuthia

### What if I have never played before?

- Not a problem! This program is developmental. We are here to teach your child to play and fall in love with the game..
- Multi-sport athletes encouraged

### What do I need to start playing Field Hockey?

- Field hockey stick
- Field Hockey Shin guards (we recommend the hard kind)
- Mouth guard (cannot be white or clear)
- Turf shoes or cleats are recommended. Please note that regular athletic shoes offer little support for lateral movement and minimal traction.

### What do I need to do now?

- Go to [www.CharlotteAmbush.com/fall2022](http://www.CharlotteAmbush.com/fall2022) and **register now!**
- **For more information:** Contact Terry Loeb at ([Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com))

### Cost:

- \$275 for the season.
- We believe that money should never get in the way of the desire to play (need based scholarships available)!! You can pay all at once or use a payment plan option.
- Contact Sarah (Coach K - [info@charlotteambush.com](mailto:info@charlotteambush.com)) for information about need-based scholarships.
- This cost covers all the nuts and bolts that it takes to run a sports program - coaches, umpires, field space, EMTs, equipment..

### Where can I purchase Field Hockey supplies?

You can get some of these things at new or used sporting goods stores. We recommend Aerial Field Hockey (locally owned and operated). The folks at Aerial are super nice and very knowledgeable about the game and help fit equipment to your specific needs/budget. They have competitive pricing and beginner kits. **Call/Text: 704-650-1138 email:**

[aerialfh@gmail.com](mailto:aerialfh@gmail.com) **Website:** <http://www.aerialfieldhockey.com/>



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