



## South Iredell HS Community JV Field Hockey Team

### TEAM DETAILS:

The South Iredell High School Community Field Hockey team is an interscholastic team hosted by South Iredell HS in partnership with Charlotte Ambush Field Hockey Club. This team is open to players from **any** area High School.

### General Info:

**Season Dates:** August 1 - October 15 (End of Season Tournament)

### Practice/Game Information:

- Practice will be Monday - Friday at South Iredell High School (exact time TBD)
- This is a 5 day per week commitment.
- Games will typically be one or two per week at various locations around the North Meck and Charlotte Area..
- Home games will be held on the SIHS campus.

### Coaches:

**Head Coach:** Kylie Lode

**Assistant Coaches:** ??

### What if I have never played before?

- Not a problem! Our JV program is developmental. We are here to teach you to play.
- Try a clinic or summer camp - [charlotteambush.com/summer2022/](http://charlotteambush.com/summer2022/)
- Multi-sport athletes encouraged

### What do I need to start playing Field Hockey?

- Field hockey stick (returning players, do you need a new grip?)
- Field Hockey Shin guards (we recommend the hard kind)
- Mouth guard (cannot be white or clear)
- Turf shoes or cleats are recommended. Please note that regular athletic shoes offer little support for lateral movement and minimal traction.

(if access to any of this equipment is a problem, please reach out to [Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com))

### Cost:

- \$300 for the season. This covers all the nuts and bolts that it takes to run a field hockey program (coach stipends, umpires, uniforms, etc)
- We believe that money should never get in the way of the desire to play (need based scholarships available)!!
- You can pay all at once or use a payment plan option.
- Contact Sarah (Coach K - [info@charlotteambush.com](mailto:info@charlotteambush.com)) for information about need-based scholarships.

### What do I need to do now?

- Encourage your friends and classmates to join you in the fall! Beginners welcome!!
- Go to [www.CharlotteAmbush.com](http://www.CharlotteAmbush.com) > [Interscholastic Teams](#) and register now!
- Check the website for Summer Training opportunities.
- **REGISTRATION CLOSES July 1**

**Got Questions??** Contact Terry Loeb - Charlotte Ambush Athletic Director ([Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com))

### Where can I purchase Field Hockey supplies?

You can get some of these things at new or used sporting goods stores. We recommend Aerial Field Hockey (locally owned and operated). The folks at Aerial are super nice and very knowledgeable about the game and help fit equipment to your specific needs/budget. They have competitive pricing and beginner kits. **Call/Text:**

**704-650-1138 email:** [aerialfh@gmail.com](mailto:aerialfh@gmail.com) **Website:** <http://www.aerialfieldhockey.com/>

*Charlotte Ambush is a 501c3 Non-profit*

