



**CHARLOTTE
AMBUSH**
FIELD HOCKEY CLUB

Weddington High School Field Hockey

TEAM DETAILS:

This is a Weddington HS Club team managed by Charlotte Ambush Field Hockey Club. The team is recognized as a full Varsity Program by the NC Field Hockey Association ([NCFHA](#)).

Season Dates:

JV - August 1 - October 21

Varsity - August 1 - mid-November depending on post-season play.

Practice Information: Practice/Game Information:

- Practice will be Monday - Friday exact location TBD.
- We will have 14-18 games during the season.
- Practices are mandatory
- Games will typically be Tuesdays / Thursdays.
- Please plan for a 5 day a week commitment including practices and games.

Coaches:

Beth Haemmerlein - BethHammerHomes@gmail.com

Kelley Cobb - kelley@fairwayforms.com

Mary Wallace - mcw9519@gmail.com

We are in need of an assistant coach - email Terry@CharlotteAmbush.com if interested or know someone who may be

What do I need to start playing Field Hockey?

- Field hockey stick (returning players, do you need a new grip?)
- Field Hockey Shin guards (we recommend the hard kind)
- Mouth guard (cannot be white or clear)
- Turf shoes are recommended. Alternatively a quality pair of athletic shoes with good traction sole (note - running shoes offer very little lateral support)

Cost:

- \$425 for the season.
- We believe that money should never get in the way of the desire to play (need based scholarships available)!!
- You can pay all at once or use a payment plan option.
- Contact Sarah (Coach K - info@charlotteambush.com) for information about need-based scholarships.
- This cost covers all the nuts and bolts that it takes to run a sports program - coaches, umpires, field space, EMTs, equipment...

What if I have never played before?

- Not a problem! Our JV program is developmental. We are here to teach you to play.
- Try a clinic or summer camp - charlotteambush.com/summer2022/

What do I need to do now?

Go to www.CharlotteAmbush.com > [Interscholastic Teams](#) and register now!

For more information: Contact Terry Loeb at (Terry@CharlotteAmbush.com) or any of your coaches.

Where can I purchase Field Hockey supplies?

You can get some of these things at the local sports stores, but the best place to get them is through Aerial Field Hockey. The owner is super nice and very knowledgeable about the game and what you will need. **Call/Text:** 704-650-1138 **email:** aerialFH@gmail.com

Website: <http://www.aerialfieldhockey.com/>



Charlotte Ambush is a 501-c3 Non-profit organization. Go to www.CharlotteAmbush.com for more information.