



### TEAM DETAILS:

This is an interscholastic field hockey team hosted by Jay M Robinson MS and managed by Charlotte Ambush Field Hockey Club. The team is open to 6-8 graders.

### General Info:

**Season Dates:** August 26 - October 16 (End of Season Tournament)

### Practice/Game Information:

- Practice will be Tuesdays and Thursdays at **Elon Park 5:15-6:45**
- Games will be played at Elon Park, Matthews Sportsplex and other area schools
- Typically one to two games per week on Monday/Wednesday/Friday.
- Plan on a 3-4 day/week commitment.

### Do I need experience to play?

No! Coach Lochte is a fabulous coach who will teach you the game!

### What do I need to start playing Field Hockey?

- Field hockey stick (returning players, do you need a new grip?)
- Field Hockey Shin guards (we recommend the hard kind)
- Mouth guard (cannot be white or clear)
- Turf shoes or cleats are recommended. Please note that regular athletic shoes offer little support for lateral movement and minimal traction.

(if access to any of this equipment is a problem, please reach out to [Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com))



### What do I need to do now?

- Encourage your friends and classmates to join you in the fall! Beginners welcome!!
- Go to [www.CharlotteAmbush.com](http://www.CharlotteAmbush.com) > [Interscholastic Teams](#) and register!
- For more information: Contact Terry Loeb at ([Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com))
- **REGISTRATION CLOSES July 2!**

### Cost:

- \$395 for the season.
- We believe that money should never get in the way of the desire to play (scholarships available)!!
- You can pay all at once or use a payment plan option.
- Contact Sarah (Coach K - [info@charlotteambush.com](mailto:info@charlotteambush.com)) for information about need-based scholarships.
- This cost covers all the nuts and bolts that it takes to run a sports program - coaches, umpires, field space, EMTs, equipment, etc.

**Got Questions??** Contact Terry Loeb - Athletic Director ([Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com)) or Coach Lochte ([jenclark17@msn.com](mailto:jenclark17@msn.com))

### Where can I purchase Field Hockey supplies?

You can get some of these things at local new or used sporting goods stores, but the best source is Aerial Field Hockey. The folks who own Aerial are super nice and very knowledgeable about the game and what you will need. They have extremely competitive pricing and beginner kits.

**Call/Text: 704-650-1138 email: [aerialfh@gmail.com](mailto:aerialfh@gmail.com) Website: <http://www.aerialfieldhockey.com/>**





*Charlotte Ambush is a 501c3 Non-profit*