



CHARLOTTE  
**AMBUSH**  
FIELD HOCKEY CLUB

## Christ the King Community JV Field Hockey Team

### TEAM DETAILS:

This is the Christ the King Community Field Hockey team in an interscholastic team hosted by Christ the King HS and managed by Charlotte Ambush Field Hockey Club. The team is open to players from **any** High School.

### General Info:

**Season Dates:** August 2 - October 16 (End of Season Tournament)

#### Practice/Game Information:

- Practice will be Monday - Friday at CTK 4:30PM-6:00PM.
- This is a 5 day per week commitment.
- Games will typically be Tuesdays/Thursdays at Matthews Sportsplex, CTK, and other area schools.
- If transportation is an issue, we can help!

### Do I need experience to play?

**No!** We have fabulous coaches who will teach you the game!!

**Head Coach:** Carrie Wehunt - [carriewehunt@gmail.com](mailto:carriewehunt@gmail.com)

**Assistant Coaches:** Laina Connolly - [laina.maines@gmail.com](mailto:laina.maines@gmail.com)

### What do I need to start playing Field Hockey?

- Field hockey stick (returning players, do you need a new grip?)
- Field Hockey Shin guards (we recommend the hard kind)
- Mouth guard (cannot be white or clear)
- Turf shoes or cleats are recommended. Please note that regular athletic shoes offer little support for lateral movement and minimal traction.

(if access to any of this equipment is a problem, please reach out to [Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com))

### Cost:

- \$300 for the season.
- We believe that money should never get in the way of the desire to play (need based scholarships available)!!
- You can pay all at once or use a payment plan option.
- Contact Sarah (Coach K - [info@charlotteambush.com](mailto:info@charlotteambush.com)) for information about need-based scholarships.
- This cost covers all the nuts and bolts that it takes to run a sports program - coaches, umpires, field space, EMTs, equipment, etc.

### What do I need to do now?

- **Encourage your friends and classmates to join you in the fall! Beginners welcome!!**
- **Go to [www.CharlotteAmbush.com](http://www.CharlotteAmbush.com) > [Interscholastic Teams](#) and pre-register now!**
- Check the website for Summer Training opportunities.

**REGISTRATION CLOSES July 2**

**Got Questions??** Contact Terry Loeb - Charlotte Ambush Athletic Director ([Terry@CharlotteAmbush.com](mailto:Terry@CharlotteAmbush.com))

### Where can I purchase Field Hockey supplies?

You can get some of these things at new or used sporting goods stores. We recommend Aerial Field Hockey (locally owned and operated). The folks at Aerial are super nice and very knowledgeable about the game and help fit equipment to your specific needs/budget. They have competitive pricing and beginner kits.

Call/Text: 704-650-1138 email: [aerialfh@gmail.com](mailto:aerialfh@gmail.com) Website: <http://www.aerialfieldhockey.com/>





*Charlotte Ambush is a 501c3 Non-profit*